

# Tune in to the Spirit of the Lord



Visiting Teaching Message  
September 2011

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Julie B. Beck, Relief Society general president, said: “There has grown in me an overwhelming testimony of the value of daughters of God. ... I have felt that there has never been a greater need for increased faith and personal righteousness. There has never been a greater need for strong families and homes.”

***Sisters can help create strong homes and families as they act on personal revelation.*** “The ability to qualify for, receive, and act on personal revelation is the single most important skill that can be acquired in this life,” Sister Beck continued. “Qualifying for the Lord’s Spirit begins with a desire for that Spirit and implies a certain degree of worthiness. Keeping the commandments, repenting, and renewing covenants made at baptism lead to the blessing of always having the Lord’s Spirit with us. Making and keeping temple covenants also adds spiritual strength and power to a woman’s life. Many answers to difficult questions are found by reading the scriptures because the scriptures are an aid to revelation. ... Daily prayer is essential to having the Lord’s Spirit with us.”

***We also strengthen our family members spiritually as we help them understand Heavenly Father’s eternal plan.*** “What can we do to better prepare our children spiritually for their eternal roles?” asked Elder M. Russell Ballard of the Quorum of the Twelve Apostles. “Perhaps the most inclusive answer is: Teach them how to live the principles of the gospel.” This teaching comes through daily prayer, scripture study, and family mealtimes as well as weekly family home evening and Church attendance. Elder Ballard explains: “We prepare each day, right now, for eternal life. If we are not preparing for eternal life, we are preparing for something less, perhaps something far less.”

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